

## Marggie Moertl BSN, RN

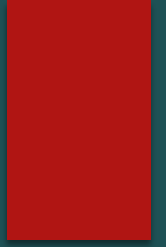
Author, Spiritual life Doula, Inner Life  
Coach, & Reiki Master





# End of Life Doula Care

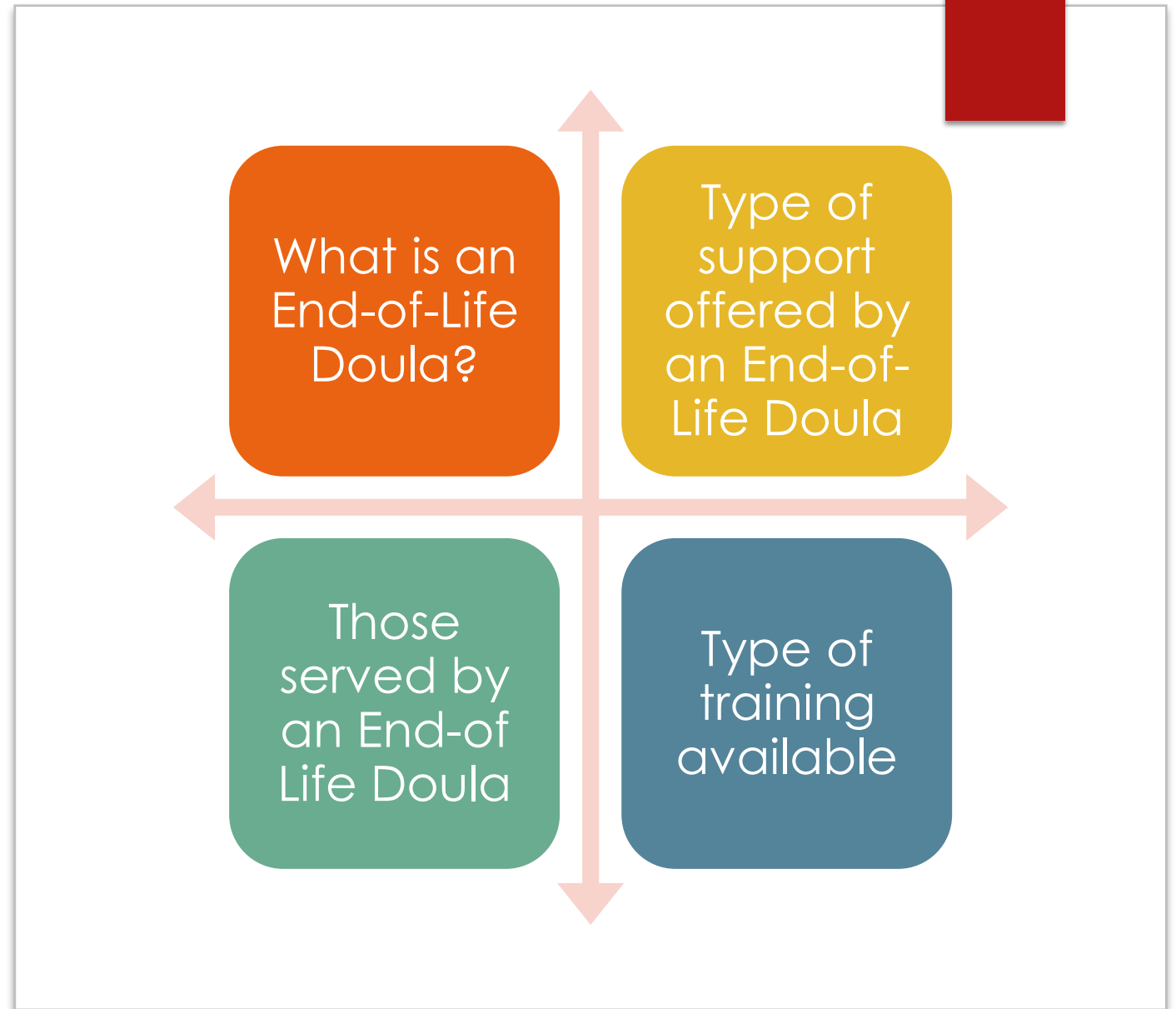
LEARN MORE ABOUT THIS SACRED SUPPORT  
HOW TO BECOME AN END OF LIFE DOULA  
TYPES OF TRAINING

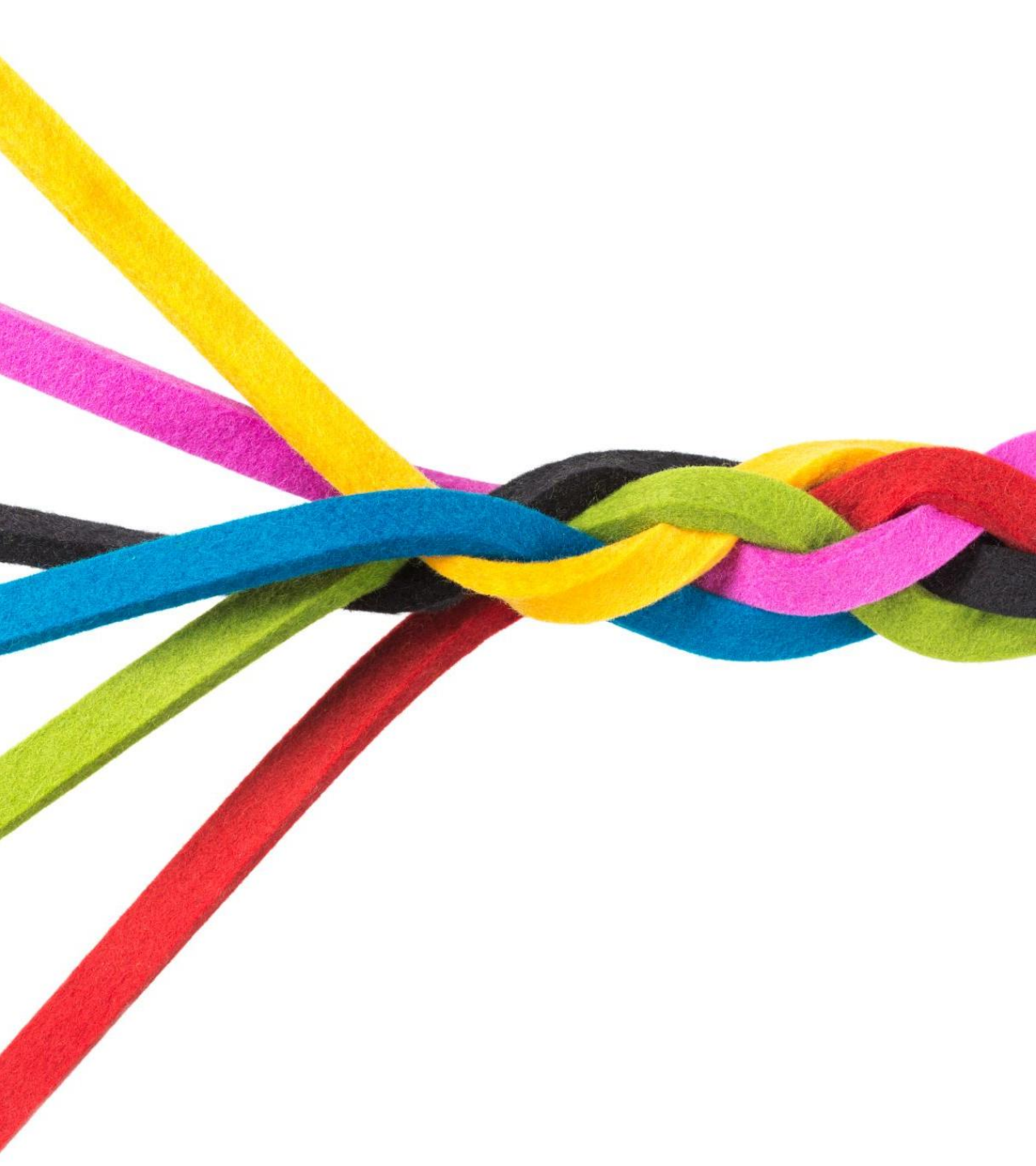


- ▶ Presented by
- ▶ MARGGIE MOERTL, BSN, RN, CEOLD,
- ▶ REIKI MASTER, AUTHOR
- ▶ Spiritual Soul Midwifery Certification
  
- ▶ EMBRACE YOUR INNER SELF LLC



# COURSE CONTENT

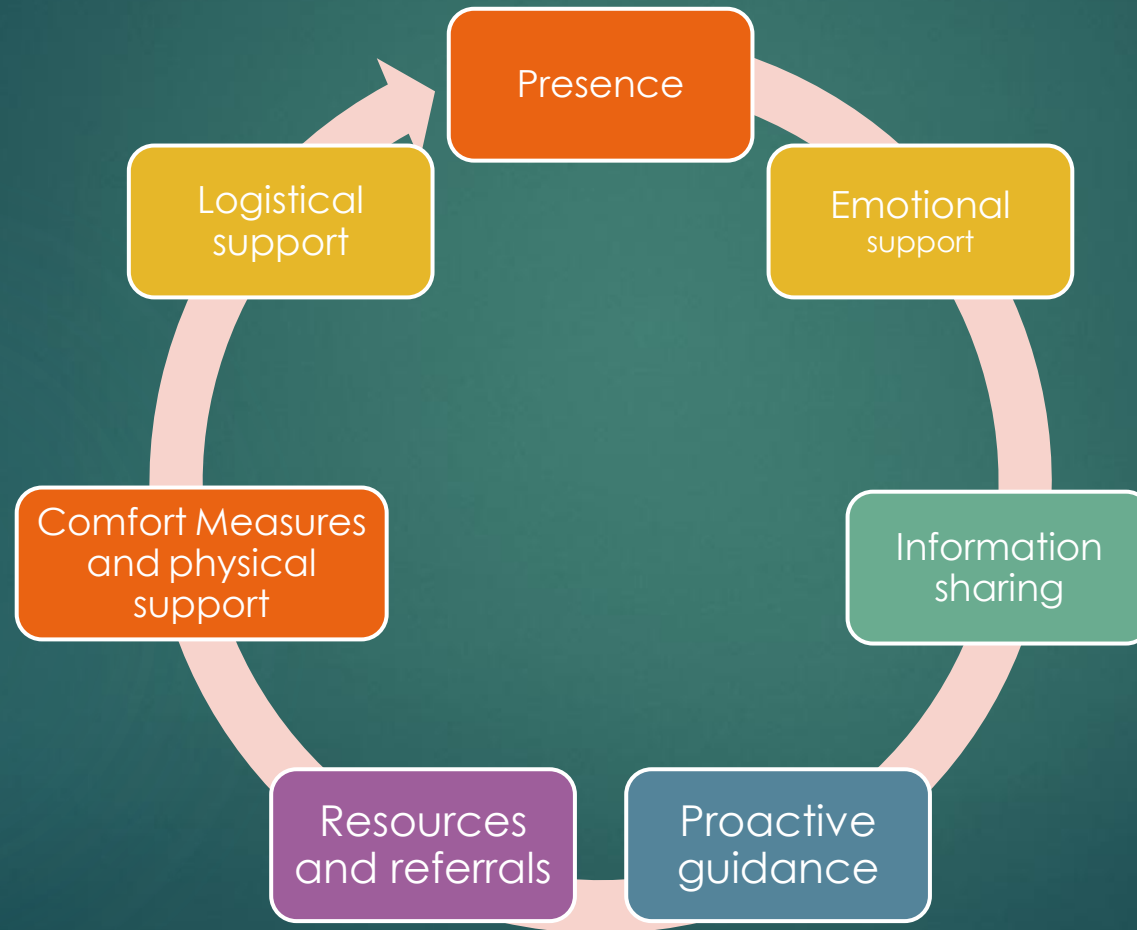




# Doula Model of Care

- ▶ Non-medical support
- ▶ Non-judgmental support
- ▶ Family centered support
- ▶ Holistic Care
- ▶ Empowerment
- ▶ Team members

# Type of Support Provided by Doulas





What type  
of Doula  
are you?



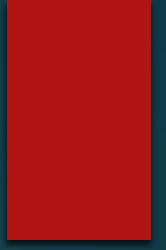
# Types of Doula Businesses

- ▶ What do you plan to offer as a doula?
- ▶ What are your skills and passions?
- ▶ What scares you? What do you want to avoid?
- ▶ Do you want to focus on a particular type of client or illness?
- ▶ Do you want to include caregiving with your non-medical support?
- ▶ Do you want to work independently or through a facility/group?
- ▶ It's your business and will reflect who you are and what you want to offer!

What should you look  
to include in your  
training?



# Types of Training Programs





# Training and Certification



# National End of Life Doula Alliance

[www.nedalliance.org](http://www.nedalliance.org)

## History of End of Life Doula support

- ▶ First training programs
- ▶ Growth
- ▶ Integration into medical, hospice care



# Competency Badge





# Questions?

- ▶ Follow-up with me in the weeks ahead as questions arise
- ▶ [marggiemoertl@gmail.com](mailto:marggiemoertl@gmail.com)
- ▶ Visit me online.  
<https://www.embraceyourinnerselfllc.com>
- ▶ Talk to others, research programs and doulas online
- ▶ Take time alone to process and listen to your inner voice
- ▶ This is a sacred journey. This is the start of a very soulful walk....

# Resources

- ▶ Felicity Warner
- ▶ Karen Wyatt
- ▶ Marggie Moertl
- ▶ NEDA.org