



## Convenience Services

What's on your "to-do" list? The convenience services included in your StudentLife benefits can make quick work out of many of the day-to-day chores that occupy your spare time.

**The free convenience services available 24/7/365 through StudentLife will help you find services in a variety of areas, including:**

- Pet sitters
- Veterinarians
- Pet obedience training
- Apartment locators
- School searches
- Senior health resources
- General health resources
- Alternative health resources
- Diet and nutrition
- Fitness centers and programs
- Home maintenance
- Travel services
- Volunteer services
- Emergency services

**Examples of convenience services requests include:**

- I need information on obtaining a passport.
- I'm looking for a self-defense class, and I'd prefer one that's on my route between home and school.

- My friends and I are looking for reasonably priced options for travel over spring break.
- My roommate is moving out. Can you help me find a smaller place that I could afford on my own?
- I got ripped off the last time I had my car fixed. Can you help me find a reliable, reasonably priced option for maintenance and repairs?
- I want to eat healthier. Can you help me locate a nutritionist?
- Volunteering will help me get experience in my chosen field. Can you help me find some options in my area?

StudentLife is available to assist with your convenience service needs. Call anytime.

Call StudentLife®\* toll free anytime. **1-855-695-2818**

Assistance with Life, Family and Wellbeing / [StudentLifeServices.com](http://StudentLifeServices.com) / Text "Hello" to 61295

Call collect to 262-574-2509 if outside of North America. TDD and language translation services are available.

 [facebook.com](https://www.facebook.com/StudentLife)

The above information is for educational purposes only and is not intended to take the place of medical advice.

\*Known as LifeMatters Student Assistance in California

