

# BELLIN *forward*

A newsletter for alumni and friends of Bellin College

Fall/Winter 2019



## Who was chosen as our Distinguished Alumni?

Read her story on page 6

*Bellin College*

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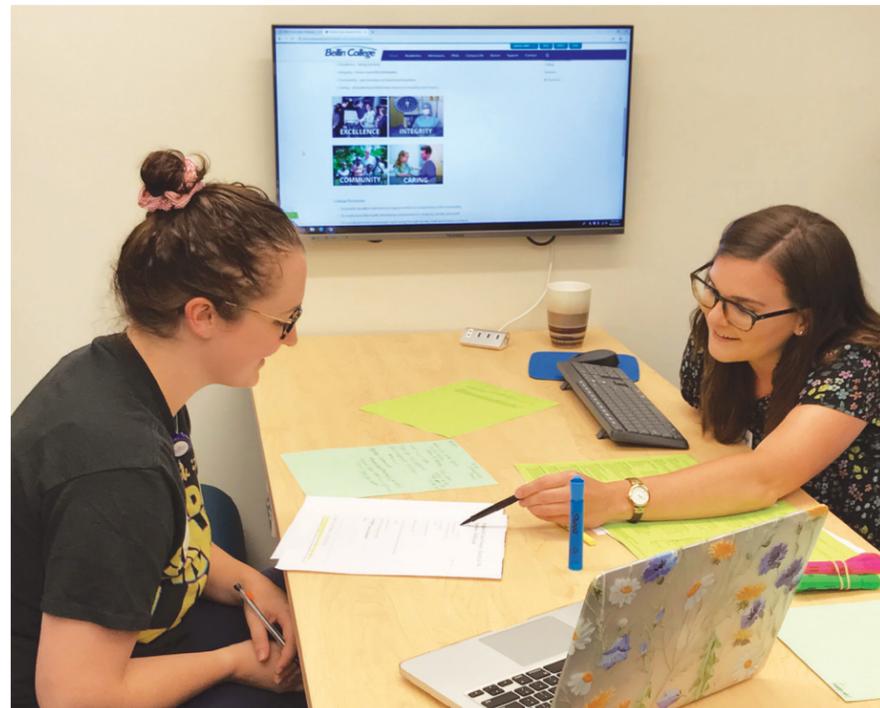
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## From the President



Dear Friends of  
Bellin College,

I hope that everyone had a wonderful summer. As always, Bellin College was very busy with classes and we had a full complement of students to begin the 2019-20 academic year. Fall of 2019 marks our 10-year anniversary at the 3201 Eaton Road campus.

The time has gone by fast, but it seems like just yesterday we were moving to our beautiful building. It is exciting to see the growth and changes over the past 10 years. Our program offerings, our students, and our options continue to expand to meet the healthcare demands.

Our enrollment continues to grow with 709 students enrolled this fall. This is a milestone as looking back when we left the Webster Avenue site, we had 240 students and we only offered nursing. By expanding to bring on the Bellin School of Radiologic Technology, we were able to expand our offerings to include medical imaging and recently had our first sonography graduates.

We had excellent response to our first terminal degree option, the Doctor of Science in Physical Therapy (DSc PT). This is the academic terminal degree necessary for a physical therapist to teach in the academic setting. The Orthopedic and Manual Physical Therapy Fellowship for PT also had excellent enrollment. Both programs will help bridge the gap and needs in physical therapy. These programs are online and provide excellent clinical opportunities in the area the student is living.

This fall, the college offered all the related general education courses for students to be able to complete their degree in one place. We began offering general education in 2010 and this fall started to provide the full complement of courses to complete degrees at Bellin College. This is an exciting opportunity as we expand our program offerings. The general education courses have a link to healthcare, so the courses are applicable to the student's major, whether it be nursing, radiologic sciences

or sonography. Students are pleased to be in one place for their degree.

In addition, our Student Success Center has been a great hit with the students. The center provides tutors, study skills, writing support, and a great place to study and learn. The space was renovated this summer and has a great look for students to have quiet space as well as support.

As you can see, a lot of excitement is happening at the college. We are blessed with wonderful students, outstanding faculty members and staff, and a board who supports our growth and expansion. Thank you for supporting to our work educating healthcare professionals.

Warm Regards,

*Connie J. Boerst*

Dr. Connie J. Boerst, EdD, RN  
President/CEO



# Student Profile / James Boddy, MSN class of 2020

## *James Boddy hopes to be asset to fellow veterans*

From the Upper Peninsula of Michigan to the military to Bellin College, James Boddy's journey to become a family nurse practitioner has been a unique one. Born and raised in Iron Mountain, Mich., James originally attended Michigan Tech and earned a bachelor's degree in exercise science. After working for more than a year as a personal trainer, he decided he needed a change and joined the U.S. Army in 2010.



Boddy served as an active duty medic for over three years at both Fort Bliss in Texas and Fort Stewart in Georgia. This was the first step toward his ultimate goal of becoming a physician's assistant. He was assigned to a cavalry scout squadron in the 3rd Infantry Division, in which he trained alongside the scouts in wartime exercises and movements, while also providing medical care to soldiers in his unit.

"Medics receive a civilian EMT certification, but also learn critical care skills geared toward common wartime injuries like gunshot wounds and amputations," said Boddy. "We worked remotely with a lot of autonomy and had to improvise often. We learned to treat injuries without the ideal tools and how to really think outside the box."

Following active duty, he worked as a financial planner and transitioned to the Army Reserve for another six years. He knew his true calling was the medical field, so he moved to Wisconsin in 2016 to complete his BSN as a junior transfer student at Bellin College.

"My experience as a medic definitely helped me when it came to critical care and medications, but I was



never a CNA, so I had to work harder to gain those basic nursing skills in a hospital setting," said Boddy.

Boddy graduated from Bellin College with his BSN in May 2018 and now works as a part-time RN at Wisconsin Veterans Home at King in Waupaca, Wis. There, he spends his time in a role caring for patients and managing other healthcare workers on the floor. He is also enrolled as a full-time student in the FNP program at Bellin College and will graduate in May 2020.

"I would like to work in the Veterans Affairs system or in orthopedics, preferably in a warm climate like the southwest," said Boddy. "I can appreciate the struggles that are unique to veterans. It's not easy to experience the things we have experienced during our time in the military, and I hope to be a great asset to fellow vets."

His advice to those looking to make a career change or pursue another degree: "Stop thinking about it and do it," said Boddy. "Have a plan and, if you are passionate about it, pursue it."



## New Diagnostic Cardiac Sonography certificate offers students more options

Bellin College began offering a new sonography certificate in Fall 2019. The Diagnostic Cardiac Sonography Certificate program (DCS) is a fast-track adult echocardiography program designed for working sonographers registered in vascular technology (RVT) through the American Registry of Diagnostic Medical Sonographers (ARDMS).

This two-semester program teaches all didactic courses online with one mandatory weekend in-person clinical intensive requirement in the fall semester.

DCS students will only need to come to Bellin College campus for their one weekend intensive. The

clinical requirements of 450 hours are met at the sonographer's current employment or with placement assistance from Bellin College faculty.

The program is useful for students who are professionals as well as those new grads who want to gain that new technique of working on the heart.

"Enrolling in the echo program was important for me because I find the heart fascinating," said DCS student Mike Hazuka, a sonographer who currently works at Bellin Health. "Scanning echo uses the same technology as general ultrasound, but differs in the respect that much more dynamic information is available for us to assess."

He was attracted to the Bellin College certificate program because "there are relatively few echo-based programs in Wisconsin, and there were none in the Green Bay area prior to the certificate program at Bellin College."

The DCS certificate offers participants the ability to perform adult echocardiograms, which has a projected job growth of 17 percent, according to the Bureau of Labor Statistics. They will cultivate a unique skillset in great need for remote access hospitals. In addition to projected job growth, those certified in cardiac sonography have the ability to earn up to \$2 more per hour, according to the bureau.

# Congratulations to this year's Bellin College Distinguished Alumni Award winner: Karen Sanchez

Karen Sanchez, Class of 1997, was selected as the recipient of this year's Bellin College Distinguished Alumni Award. Fellow alumna Donna Radcliff nominated Sanchez, describing her as "a compassionate and experienced family nurse practitioner and nursing leader with a demonstrated history of making a difference in the lives of the patients and communities she serves."

"For me, winning this award is more profound than recognizing my personal accomplishments," said Sanchez. "I am thankful Bellin College supports the kind of work I have done to be worthy of this award. I am proud that my alma mater supports the work of the marginalized and underserved groups I have advocated for so passionately."

After graduating from Bellin College in 1997, Karen worked in multiple inpatient and outpatient settings — including positions at employee and student health clinics, an obstetrics clinic, a Hispanic clinic and Green Bay Correctional Institution — delivering high-quality, cost-effective nursing care in the way the experienced nursing faculty taught her at Bellin College.

"The program was rigorous with long clinical hours that prepared me to start as a nurse in many settings," said Sanchez. "The most valuable skill I gained was therapeutic communication. I remember the course in great detail. We analyzed our conversations with a volunteer patient and learned to really listen. History taking as an FNP is the most important diagnostic tool, and motivating patients in self management of their conditions requires proficiency in listening and speaking."

Karen excelled in her nursing career and went on to earn an MSN from Concordia University in 2007, becoming a family nurse practitioner. After graduation, she began offering the first office visits, along with Dr. Riquelme, at Bellin Health Clinica Hispana.

In December 2009, she transitioned to a nurse practitioner role at Outreach Healthcare. There, she served the homeless population until August 2018, while also working at all N.E.W. Community Clinic sites. In August 2018, she left healthcare for the homeless program and served at the Northeast Wisconsin Technical College and downtown N.E.W. Community Clinic site. Karen is highly skilled in community health nursing, the Spanish language, and consistently demonstrates strong nursing leadership by partnering with educational organizations and community group efforts, and acts as a preceptor for emerging nurse leaders.

"Karen is an advocate for the poor and the vulnerable and has made significant improvements by implementing the patient-centered medical home model in the Outreach Healthcare Clinic for the patients and populations in her care," said Radcliff.

Examples of Karen's commitment to nursing care excellence are numerous. She provided primary healthcare that helps patients avoid costly hospital stays and ER visits. She handled case management of medical needs, housing, job search and community resources, which reflects holistic patient centered care.

And, as a seasoned FNP, she used the nursing process and makes referrals for substance abuse treatment and mental health services, ensuring behavioral health care needs are met.

"Karen works with patients and populations in some of the most challenging of circumstances," said Radcliff. "Her compassionate respect of each patient and their families who are often homeless, suffering from mental illness, addiction and numerous co-morbidities requires the very highest integrity, and she demonstrates this value consistently as she serves her patients in this practice setting."



*Dr. Mark Bake, class of 2005 and 2018 winner, left, Karen Sanchez, class of 1997, and Dr. Connie Boerst, class of 1985.*

In 2015, Karen applied for and was nominated to be on the Brown County Board of Health. She went on to enter a competitive selection process to participate in a 12-month leadership program with the American Association of Nurse Practitioners. She was selected, along with 11 other NPs from across the country, and completed the program in fall 2017.

Karen was recently selected as director of student health for University of Wisconsin-Oshkosh and left her post at N.E.W. Community Clinic this past September.

"As a nurse practitioner, I have been impacted the health of our community as a primary care provider," said Sanchez. "The most rewarding aspect is learning

about the lives of patients. Some have amazing stories about life around the globe. It's humbling that patients have trusted me to share their life stories. I value that trust."

When asked what advice she would give to nursing students today, Karen has simple, but impactful advice.

"Be passionate about what you do as a nurse," said Sanchez. "Know the value of nursing and do not be timid about speaking up for the nursing field. When you become a seasoned nurse, continue to encourage other nurses."

Well said. Congratulations, Karen!

# Alumni Spotlight

## Jennifer Popp

### *Jennifer Popp finds home in Bellin Radiology*

Bellin School of Radiologic Technology alum Jennifer Popp didn't originally set her sights on a career in radiology. She first attended UW-La Crosse for one semester, hoping to major in physical therapy. However, she decided she didn't want to wait years to see if she would be accepted into the program.

"During this transitional period, I overheard a conversation about radiology and it piqued my interest," said Popp. "I decided to look into a two-year radiologic technology certificate program offered near my hometown of Brillion, Wis. — at the Bellin School of Radiologic Technology."

Popp began her studies in fall 1993 and remembers her time in the program fondly.

"The Bellin Hospital-based program was definitely the right choice for me," said Popp. "It gave me and my classmates a lot of opportunities as students. When short staffed, we could take advantage of many different opportunities. The radiologists were awesome and always wanted to teach us and explain why. It was a different time, of course. We took call over night, which molded a lot of us into great techs. We had to think independently early in the game and built a solid relationship as a team."

Popp graduated in August 1995.



While studying for her boards, she worked at the local grocery store. After passing her boards, she was hired part time in October 1995 at St. Mary's Hospital in Green Bay, and then transitioned to a full-time position in X-ray at Bellin Hospital in December 1995. She passed her mammography boards in 1997.

And the rest is history – a long history with Bellin.

She first started working a P.M. rotation and worked her way up to team facilitator in 2010. After eight years in that position, she was promoted to team leader in March 2018. In that role,

Popp oversees radiology, mobile mammography, CAT scan, ultrasound and nuclear medicine.

When asked what her favorite part of her job is, her reply was simple. "The people I work with. It would be very difficult to leave. We have such a solid group of techs who get along really well. We are like family."

Speaking of family, Popp has been married to her husband, Jason, for 24 years and has two daughters, Karissa, 20, and Brianna, 18. In keeping with the family tradition, Karissa transferred into the Bellin nursing program and Brianna plans to do the same after completing two years at St. Norbert College.

Popp applauds the work of fellow alum and former coworker Dr. Mark Bake, who is now dean of allied health sciences at Bellin College.

"Mark does a phenomenal job. He has put his heart and soul into the program and has accomplished so much," said Popp. "The students



get such great opportunities to see the different disciplines for longer periods of time and it really gives them the chance to work in a variety of capacities immediately following graduation."

Her advice to radiologic technology students: "Remember that you're on

a three-year interview when you are in clinicals. The staff is watching, and they know what you can and cannot do. Get involved, step outside of your comfort zone and take all of the advice you can get. Each technologist does things differently, so remember that the goal is to get the best image possible."

### *Have you considered joining Just\$10?*

*To support Bellin College students, Popp also joined the newly formed Just\$10 Giving Club. As a member, she donates \$10 per month toward the Bellin College Annual Fund.*

*"It's easy and such a small donation that you don't even notice it," said Popp. "College is expensive, there are so many students who can benefit and it's an opportunity to give back to a school who gave so much to me."*

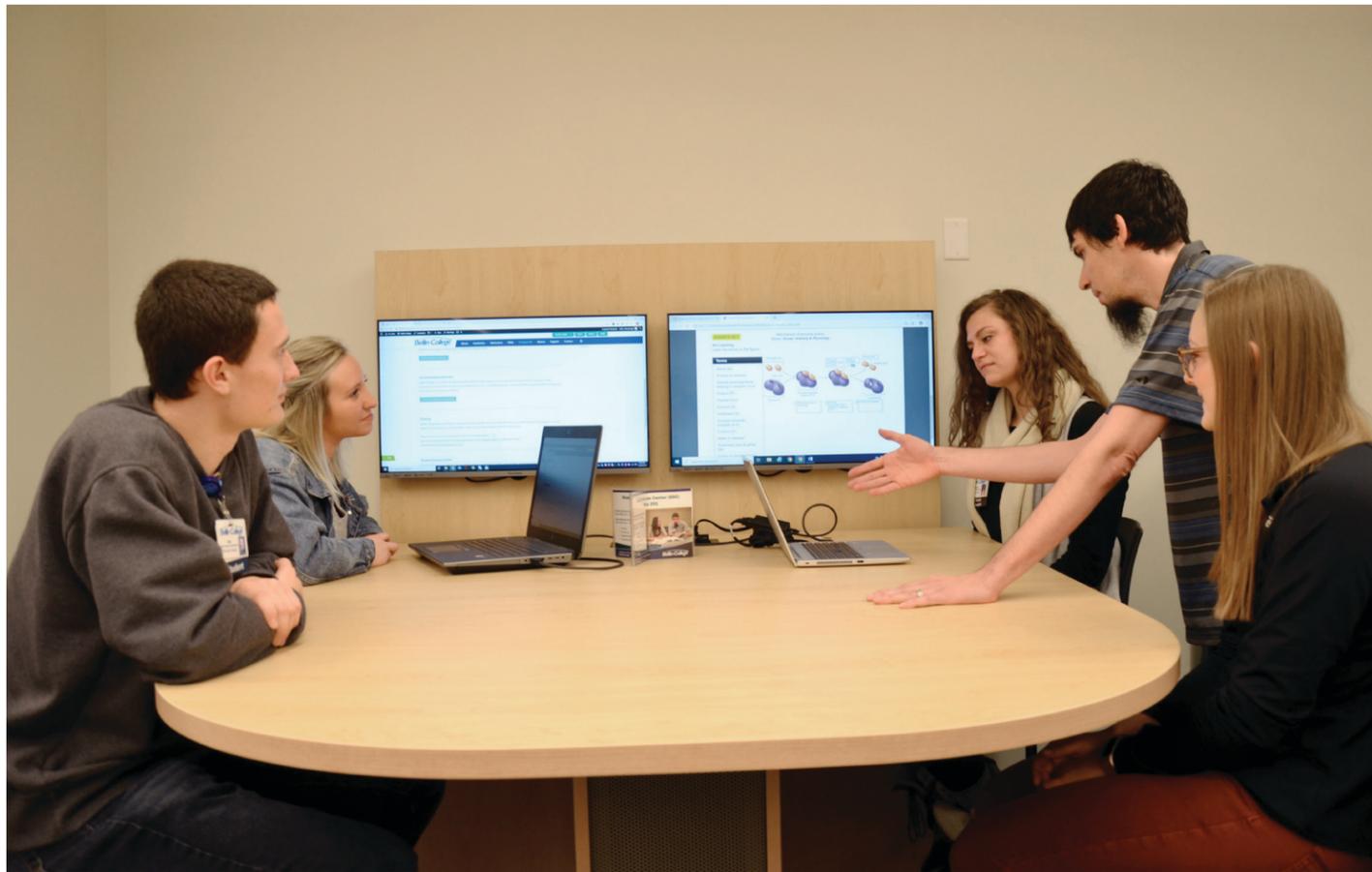
*For more information about the Just\$10 Giving Club, visit [bellincollege.edu/Just10](http://bellincollege.edu/Just10)*

**You don't have to sacrifice much to leave your mark.**

Learn more at [bellincollege.edu/Just10](http://bellincollege.edu/Just10)



*Together we are stronger*



Students work with Dr. Adam Sprague at the collaboration station in the Student Success Center at the college.

# Annual Golf Classic helps fund center's study equipment

The Student Success Center at Bellin College was able to receive a substantial upgrade this past summer thanks to donors and the proceeds from the 19th Annual Bellin College Golf Classic.

The Student Success Center started its life as the college's computer lab. Noticing that students bring their own laptops to campus and really had no use for the stereotypical computer lab, the space was transformed into a study space. The space was initially furnished using equipment that was taken from other areas of the college, but SSC

Coordinator Dr. Adam Sprague and Director of General Education Dr. Casey Rentmeester envisioned more for the room.

That's where donors and golfers come in! In late 2018, during Giving Week, the college asked donors to help raise money for the collaboration station table with monitors where students can gather to study together or with their tutor or professor.

The 2019 Bellin College Golf Classic proceeds went toward improving resources available in the room in

the form of individual and group study spaces, tutoring sessions, study resources, writing workshops interview practice and more. Students had been surveyed and the findings were they wanted less open desk areas and private study areas.

At the 2019 Bellin College Golf Classic, held on June 17, 2019, 142 golfers and 171 dinner guests attended and the event netted more than \$55,000 through golf, silent auction, live auction, raffles and more.



**Save the date!**  
Bellin College is set to swing its clubs at Oneida Golf & Country Club for the 20th Annual Golf Classic on Monday, June 22, 2020.

Golfers get set to tee off for the shotgun start at the 19th Annual Bellin College Golf Classic on June 17, 2019.

Remodeling was completed in August and with it came these myriad upgrades:

- Booth-style seating
- Additional raised-table seating with a workstation with 2 built-in computer monitors for collaborative studying or 2-screen studying
- New tables and study spaces
- Privacy dividers on tables
- Corner seating with built-in swivel tabletops
- A wireless keyboard to use with large TV for studying/presentation practice
- A large number of rolling marker boards to make studying at all tables easier



Students study at one of the booth-style seats in the SSC.

As of Oct. 29, 2019, the Student Success Center has had 1,020 student visits since the beginning of the fall semester. Of those visits, 212 were coming to the SSC for scheduled

tutoring with faculty, staff or fellow student tutors.

To learn more, go to [www.bellincollege.edu/studentsuccesscenter](http://www.bellincollege.edu/studentsuccesscenter).

# Accomplishments

## Faculty

- Amanda Hogan, director of the BSDMS program, and Dr. Mark Bake, Dean of Allied Health Sciences and BSRS program director, presented at the 2019 National Association of Orthopaedic Nurses Conference in Green Bay. The topic of the presentation was “An Imaging Look into DVTs (Deep Vein Thrombosis) and PEs (Pulmonary Embolism).”
- Dr. Casey Rentmeester, director of general education, authored a chapter in a book titled “Kant’s Rational Freedom: Positive and Negative Peace,” Philosophy of Peace, edited by Sanjay Lal. Dr. Rentmeester also completed a book review on “Kevin Aho’s Existential Medicine: Essays on Health and Illness,” Gatherings: The Heidegger Circle Annual, Volume 9 (2019): 175-91.
- Dr. Adam Sprague, Student Success Center coordinator, authored an article: “Using Kahoot Jumble to Teach Paragraphing in the Writing Classroom.”
- Chad Dall spoke at the Minnesota State meeting for Radiologic Technologists in April 2019 on the topic of MRI safety.
- Amanda Hogan spoke on two topics at the Midwest Society of Diagnostic Ultrasound in Minnesota: “Interesting Cases of OB/GYN and Abdomen” and her second lecture was “You’re a Sonographer, So Now What?”
- Amanda Hogan and Stacey May presented together at the Midwest Society of Diagnostic Ultrasound on the topic of “Arms Veins: Back to Basics.”
- Dr. Angie Parmentier has accepted the MSN FNP Coordinator position. Dr. Parmentier coordinates all clinical site placements for students and works with faculty to assure FNP competencies are met. Dr. Parmentier maintains a clinical practice at the VA clinic in Green Bay. Dr. Parmentier received her BSN from Bellin College, her MSN with the FNP emphasis from UW-Oshkosh, and

her DNP with direct care emphasis from Concordia University.

- Dr. Lori Kulju has been accepted into the National League of Nursing Scholarly Writing program. This is a competitive application program and a yearlong commitment designed to develop the skills and resources to support scholarly writing.
- Dr. Angie Parmentier was recently appointed to the National Organization of Nurse Practitioner Faculties committee for Faculty and Preceptor Development.
- Connie Buttrick and Virginia Riggs led a group of 17 prelicensure and RN to BSN students on an urban immersion experience on the south side of Chicago.
- Amanda Hogan took and passed her Adult Echo exam to earn her RDCS (Registered Diagnostic Cardiac Sonographer) credential.
- Dr. Lori Kulju – Abstract reviewer for the American Association of Colleges of Nursing (AACN) Doctoral Conference
- Dr. Mary Rolloff – Abstract reviewer for the AACN Baccalaureate Conference
- Dr. Stephanie Stewart received a grant from the Helen Daniels Bader Foundation to coordinate an educational conference to advance geriatric nursing education. Connie Buttrick, Ruth Rodda, and JoAnn Swanson joined Dr. Stewart in planning the conference. Bobby Mandell, Instructional Design Specialist served as the IT specialist and videographer. The two day conference was held in Sturgeon Bay in June and featured speakers from across the country.
- Michelle Pranghofer has been elected to serve as the Nurse Representative for the Northeast Region to the Board of Directors for the Wisconsin Association of Perinatal Care.

# Retirements / JoAnn Swanson

JoAnn Swanson, who joined the college in September 1981, retired at the end of the 2018-19 academic year.

Throughout her 38 years at the college, Swanson has impacted the development of hundreds of student nurses and faculty. She taught a variety of courses within the Bachelor of Science in Nursing program, both traditional and 15-month tracks, including medical-surgical nursing, leadership and gerontology.



Swanson’s influence extended beyond the classroom of Bellin College. Since 2013, she was the Program director for the BSN program. During this time, she led initiatives to enhance preparation for students in ambulatory services and gerontology, both areas of emphasis for the future of healthcare. While in this role, she also assisted with the implementation of the junior transfer option, as well as the RN to BSN option for practicing nurses.

Swanson’s list of internal and external service projects are many. She facilitated the development of the original summer nursing camps for high school students, which continue to excel. She also has presented at national and local conferences. Within

Bellin College, she has participated in my committees including the golf committee, BSN program committee and more. Externally, Swanson has been involved with the Northeastern Wisconsin Area Health Education Consortium where she has been on the board of directors since 2009. She has also served as a delegate for Sigma Theta Tau International Honor Society convention and has reviewed many textbooks. She also is a member of the Greater Green Bay Healthcare Alliance as well as the Administrators of Nursing Education in Wisconsin. She also was one of the lead coordinators in the development of a geriatric nursing education conference.

## New Hires and Promotions

**Deanna Shelby**, Faculty — General Education

**Nicole Denil**, Faculty — Nursing

**Bruce Chinen**, Faculty — Nursing

**Ashley Anthon**, Faculty — General Education

**Michelle Pranghofer**, Assistant Professor — Nursing

**Dr. Lori Kulju**, Associate Professor — Nursing

**Chad Dall**, Assistant Professor — BSRS

**Misty Susa**, Assistant Professor — BSRS

**Christina Smith**, Assistant Professor — BSRS

**Dr. Angie Parmentier** — MSN FNP Coordinator (promotion)

**Forrest Buck** — Director of Admissions and Enrollment Management (promotion)

## Student accomplishments

### “Who Killed Mr. Smith?”

The current junior and senior nursing students participated in an interprofessional education session between MCW-GB and Bellin College on Sept. 4, 2019. The session was called “Who Killed Mr. Smith?” and was a skit regarding communication skills between residents and nurses. M2 students from the MCW-GB campus and senior nursing students from Bellin College performed the skit, while the rest of the M2 students and junior nursing students observed. The students were then

encouraged to discuss the communication breakdown they observed and how they could improve upon that as they progress into their own practice. The session also provided learning regarding hospital management systems and how they can assist in providing solutions to the incidents that were experienced during the skit. This is the first time these students have had the opportunity to work in collaboration with this session and the future is looking bright for more options like this.

## PLANNED GIVING

# What will your legacy be?

You do not need to be wealthy to leave a legacy. In fact, most of us will be able to make the biggest gift of our lives through a planned gift. Make your core values known by making a planned gift to Bellin College Legacy Society. Members of our Legacy Society are generous and forward-thinking donors who will support our long-term success and be long remembered. In addition to supporting our work through your generous cash donations, here are other ways you can contribute to the future impact of Bellin College. Many of these options are a win-win for the donor and the college.



Thomas Shefchik

### • **Bequests**

One of the easiest ways to help involves simply naming Bellin College as a beneficiary in your will and living trust. A bequest may be for a particular dollar amount or percentage of your estate. Estate tax savings may be significant.

### • **Life Insurance Policy and Retirement Assets**

Often overlooked by donors, naming Bellin College as a partial beneficiary of these assets can provide support for the organization. Beneficiary changes for your IRA, 401(k), or investment accounts is often as simple as a completing a form.

### • **Life Income Gifts**

Life income gifts allow you to leave a gift in the care of Bellin College, while earning income for yourself during your lifetime. The two most popular life income gifts are charitable remainder trusts and charitable gift annuities.

### • **Complex Gifts**

If you are a business owner, own real estate or have any other type of complex asset, giving options exist that can both help Bellin College and benefit your family financially.

Legacy Society members become a special part of the Bellin College donor family. While estate planning can be overwhelming, taking a few simple steps can help you take care of your family and leave your mark on Bellin College.

Contact Thomas Shefchik to discuss membership in the Bellin College Legacy Society by phone (920) 433-4306 and email [Thomas.shefchik@bellincollege.edu](mailto:Thomas.shefchik@bellincollege.edu).

*\*This information is not intended as tax, legal, or financial advice. Gift results may vary. Consult your personal financial adviser for information specific to your situation.*

## Recent events



2019 Fall Commencement

Fifteen students participated in the October commencement at 4 p.m. Oct. 11, 2019, in the Resch Atrium at Bellin College. The 15 students graduated with a Bachelor of Science in Nursing degree as part of the 15-month nursing program.

## Alumni, we're looking for you!

We are working to update our database of Bellin College alumni. If you have changed your name, address, phone number or email address, please let us know via our online form at [www.bellincollege.edu/alumni/alumni-address-change](http://www.bellincollege.edu/alumni/alumni-address-change) or by phone at (920) 433-6654.

Also please consider joining the Bellin College Alumni Council. Please call (920) 433-6654 for more information.



### Alumni homecoming

The classes of 1969, 1994 and 2009 were honored at this year's Alumni Homecoming held Sept. 12, 2019, at the Green Bay Botanical Garden. Members of the Class of 1969 who were in attendance are seen above.



### Scholarship Salute

We paid tribute to our many generous donors at our annual Scholarship Salute event held Sept. 25, 2019, at the Tundra Lodge.



3201 Eaton Road  
Green Bay WI 54311

### *Stay Connected*

For the latest Bellin College news and information, visit our website at [www.bellincollege.edu](http://www.bellincollege.edu) or follow us on social media!

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