



YOUR Y. YOUR WAY.

Young Adult Membership

We are excited to offer you our **Young Adult** membership, designed for adults just getting started in the workforce. You'll have full access to all four branches and free **SMART START COACHING** (3 one-on-one sessions) with a Wellness Professional to get you started on the right foot.



age 19-29 just
\$28/month

pay no
JOINER FEE



Not sure? Stop in and give the Y a try with a 2-week trial membership. Take advantage of one free two-week trial and pass along the other to a friend. There's nothing to lose and everything to gain when working out together!

FOR YOU

Good for a two-week membership to the Green Bay YMCA. No refund or credit towards current membership will apply.

Name

Address

Phone

E Mail

FOR A FRIEND

Good for a two-week membership to the Green Bay YMCA. No refund or credit towards current membership will apply.

Name

Address

Phone

E Mail